

# Dr. Melody Wong

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## **Instructions for Cataract Surgery - Prairieview Surgical Centre**

**\*\*PLEASE CALL OUR OFFICE AS SOON AS POSSIBLE TO CONFIRM YOUR SURGERY. FAILING TO CONFIRM & COMPLY WITH INSTRUCTIONS WILL RESULT IN YOUR SURGERY BEING CANCELLED\*\***

1. Please report to the **Prairieview Surgical Centre** for your surgery on:

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**Please see the map as to where you are to go for your surgical procedure**

2. Please make sure you have your Saskatchewan health card with you. Your total time at the surgical centre will be at least 2 - 3 hours. This allows the nursing and medical staff the opportunity to discuss your surgery and complete your surgical preparation and discharge when surgery is completed.
3. Please call your family doctor or go to a walk in clinic and inform their office that you have been booked for surgery and need a pre-operative history and physical form completed. This form **MUST** accompany you to your procedure; **HOWEVER**, if this is your second eye surgery, and had a preop form filed in within the last 90 days, you do not need to have another one completed. **Please bring a copy of your old pre-op with you.** This copy should be on file at your family doctors office or the office where you had your last form completed. We do not keep copies of the pre-op in our office.
4. You do not have to fast for the surgery but all food intake should be light meals.
5. Cataract patients will not be asked to undress for their surgery. Please wear a short sleeve shirt or blouse that buttons down the front.
6. Please **DO NOT** drive following your surgery as your eye will be patched and vision will be blurred.
7. If you are diabetic - please make sure you take your diabetic medication. Diabetic patients are to be done first thing in the morning. If you take any other medication daily, you may also take it prior to your surgical procedure. \*\*\*\* **Please also note that you should NOT discontinue any blood thinners for cataract surgery.** \*\*\*\*
8. Our office will be faxing a prescription to your pharmacy a few days before your surgery. These eye drops need to be started 2 days prior to surgery and you will continue to use them for a few weeks after. **Bring these drops with you.** If this is your second surgery, there will be refills for these drops at your pharmacy. Please make sure you pick up NEW bottles - do not use your old ones.
9. If you have an Advanced Care Directive please bring it with you to your surgical procedure.

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You will be seen by Dr. Wong for a next day  
post operative check up in her office.  
The time will be given to you after your surgery is  
completed.